Community Health Services in Bristol 2014

### Community Learning Disabilities Team

This provides specialist community based services for adults with learning difficulties and help to promote equal access to mainstream health services. The service consists of three teams covering North, South and Central Bristol and are made up of the following healthcare professionals:

- Arts Therapists
- Community Nurses
- Dietitians
- Occupational Therapists
- Physiotherapists
- Psychologists
- Specialist Intensive Response
- Speech and Language Therapists

### Community Nursing

The Integrated Community Healthcare Teams provide nursing care for predominantly housebound patients. They promote and support independence and provide care at periods of time when patients are unable to support themselves, such as following a recent discharge from hospital or during a period of serious illness and care at the end of life. They deliver predominately planned care and support people with a range of health care needs e.g. leg ulcers, catheters. They actively work to prevent hospital admissions and facilitate early discharges.

The team includes District Nurses (DN), Community Matrons (CM), Associate Community Matrons (ACM), Community Nurses for Older People (CNOP), Registered Nurses, Healthcare Assistants (HCA) and Administrative support.

### Community Discharge Co – ordination Service

The Community Discharge Co-ordination team comprises of Nurses, Physiotherapists, Occupational Therapists and Administrative staff. The team support the discharge of patients from acute hospital ensuring that their on-going rehabilitation and healthcare needs are met in the community.

### Community Respiratory Team

The specialist respiratory community multidisciplinary team provide a variety of specialist skills through the following Chronic Obstructive Pulmonary Disease (COPD) services:

- Admission Avoidance – a hospital at home service to help prevent COPD patients having to attend hospital.
- Early Supported Discharge – helping to facilitate hospital discharges, to
reduce the patients' length of stay in hospital (<48 hours) by supporting the patient at home.

- Oxygen Administration Service - managing the administration of referrals to the home oxygen service, for patients requiring Long Term Oxygen Therapy.
- Pulmonary Rehabilitation – a treatment programme for people with long term lung conditions, whose breathing is causing them difficulty moving around or carrying out daily activities

All parts of the service aim to enable patients with lung disease to manage their condition more independently

### Continence Service

The Continence Service is led by nurses. They provide patient assessments for those with bladder and bowel problems in fourteen clinics across Bristol. They are also responsible for the assessment of patients in care homes who have bladder and bowel problems.

### Dermatology Services

The Dermatology service offers a citywide provision to patients with a skin condition who may need diagnosis, treatment, education and support. They have GPs with a special interest in dermatology that are able to diagnose skin conditions such as rashes and lesions, and perform some minor skin surgery for diagnosis. They can treat some lesions and prescribe treatment for chronic skin conditions such as eczema and psoriasis, and work in 2 locations within Bristol. There is also a small team of trained Dermatology nurses who run clinics for patients with diagnosed skin conditions like eczema and psoriasis, and hold clinics in 4 locations in Bristol. Within these clinics our nurses can help plan care and treatment regimens and provide emotional support to patients. The nursing team can also visit housebound patients at home to support with their treatment. They can also arrange joint visits involving GP practice nurses and community nurses.

### Diabetes Education Service

The Diabetes Education service provides structured education programmes for adults diagnosed with Type 1 or Type 2 Diabetes. The programmes help to improve patients' knowledge and understanding of their condition. They aim to provide information and guidance to patients, their families and carers to allow them to self-manage their condition.

### Diabetes Nurse Specialist Service

This is a team of Diabetes Nurse specialists working across the community. The service supports primary care through advice, guidance and education sessions to enable primary care to manage their patients. They also run clinics for complex patients who require more specialist input.
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<th>Dietetics and Nutrition</th>
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<tr>
<td>This specialist team of Dietitians provide a community based Nutrition and Dietetics service. They provide advice and support to adult patients and carers locally within the community through one-to-one counselling, group education, and teaching on a number of topics about nutrition.</td>
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<th>Falls Nurse Specialist</th>
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<td>This specialist community nurse assesses patients at home who:</td>
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<td>• Need comprehensive geriatric assessment to establish the cause of their falls</td>
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<td>• Remain at risk of recurrent falls after initial assessment and interventions</td>
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<tr>
<td>• Have complex falls risks</td>
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<td>The nurse will refer on to other services as necessary following discussion with the patients GP.</td>
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<th>Health Assessment &amp; Review Team – Continuing Care (HART)</th>
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<td>This HART team of nurses and administrators assess people’s eligibility to access NHS Continuing Health Care and Funded Nursing Care. They work closely with individuals and their families, hospital trusts, social care and community services to ensure that an individuals’ needs are met appropriately and they are at the centre of all assessments.</td>
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<th>Health Links / Language Line</th>
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<td>The Health Links service aims to improve access to healthcare for adults and children whose first language is not English. They provide an interpreting, translating, and advocacy service in Bristol and the surrounding area. The service aims to help overcome cultural and language barriers in healthcare and improve health and communication within black and ethnic minority communities.</td>
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<th>Heart Failure Service</th>
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<td>This service runs heart failure diagnostic clinics and nurse-led clinics throughout Bristol in a number of community bases. The service supports people with heart failure who have been in hospital to manage their condition at home.</td>
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<th>Intermediate Care - Out of hours</th>
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<td>This service provides out of hours nursing care to people who are being managed at home to avoid a hospital admission. This will include on-going management of people who are acutely unwell and under the care of rapid response. They also</td>
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respond to urgent call outs for community based patients e.g. for a blocked catheter

**Intermediate Care - Rapid Response**

This service provides access to a multi-disciplinary team and helps people avoid being admitted to hospital. It provides support to people with an acute health need such as a urinary tract infection. The team includes Nurses, Occupational Therapists, Physiotherapists, Pharmacists and Community Psychiatric Nurses.

**Intermediate Care – REACT - Rapid Elderly Assessment and Care Team**

This team consists of Occupational Therapists, Physiotherapists and Nurses. They are mostly rehabilitation specialists and are based within Hospital Emergency Departments. Their role is to provide a rapid assessment of people to help avoid them being admitted to hospital.

**Musculoskeletal (MSK) Assessment & Treatment Service: MATS and Spinal**

The MATS and Spinal service can assess and manage the care of patients with musculoskeletal and spinal conditions. They ensure that the patient receives the care that is most appropriate for their needs and are committed to enabling patients to make informed decisions about their care.

Patients are seen by experienced Extended Scope Physiotherapists, Podiatrists or Specialist GPs - who will listen to them, assess them, provide treatment advice on how to manage their pain and determine the best course of care

**Palliative Care Home Service (PCHS)**

The Palliative Care Home Support Service provides personal care and emotional support for patients who wish to be at home as they approach the end of their lives.

Care is provided by nurses and health care assistants. These staff work closely with Community Nurses, General Practitioners (GPs), and others such as hospital teams, to meet individual patient health care needs.

Since February 2014, patients referred for funding for care via the CHC National Service Framework are assessed by dedicated Fast Track Nurse Assessors within the Palliative Care Home Service.

**Phlebotomy**

The Phlebotomy Service Healthcare Assistants take blood from housebound patients. The service is available Monday to Friday in response to GP referrals.
Physiotherapy

Musculoskeletal Outpatient physiotherapy enables people to improve their function through health promotion, preventive healthcare, treatment and rehabilitation. They provide assessment and treatment including hands on techniques, therapeutic exercise, advice and some pain reducing treatments such as acupuncture.

Podiatry

The Podiatry Service provides comprehensive foot care for conditions affecting the foot and leg, in a variety of community clinics across Bristol. They also offer courses of treatment for chronic medical conditions that affect foot health and/or a person's mobility. They provide podiatry services in community clinics and can also treat housebound patients in their own homes.

Tuberculosis (TB) Service

The nurses work closely with TB specialist doctors at the Bristol Royal Infirmary (BRI) and Southmead Hospital to support people who are being investigated or treated for TB. They visit people at home, making sure they get the help they need to complete their courses of treatment and tailoring their support to individual patient needs. The nurses also arrange TB check-ups for people who have had contact with someone that has an infectious case of TB.

The Haven

The Haven is a specialist primary healthcare care service for asylum seekers and refugees who are new to Bristol. The team of staff consists of a GP and nurses. They particularly work with people who have experienced traumatic events and have links to other helpful services such as counselling and refugee support organisations.

Urgent Care Centre - South Bristol Hospital

The Urgent Care Centre provides assessment, advice and treatment for a range of injuries and minor illnesses that need urgent, immediate attention. On-site x-ray is available to assess suspected broken bones. No appointment is necessary, patients can just turn up to during the opening hours which are 8am - 8pm daily.

Walk in centre – Broadmead

The Walk-in Centre is a nurse-led service that can see and treat a wide range of minor injuries and illnesses such as simple infections, cuts, grazes, burns, sprains, strains and lacerations. They can also perform sexual health screening and provide emergency contraception.
### Wound Care

The Wound Care Service is a nurse led service which provides a comprehensive assessment of people who have non-healing wounds or wounds that are slow to heal and not progressing as they should. Treatment plans and pathways are used to help the referrer manage their patient. They provide assessment of complex wounds requiring advanced wound therapy treatments, such as topical negative wound therapy.

### Neurology Pathway

This service is for people with a neurological impairment, including peripheral neuropathies (damage to nerves of the peripheral nervous system) and spinal conditions. This is a domiciliary based service and treats people in their own homes. The service consists of:

- Occupational Therapists
- Physiotherapists
- Psychologist
- Speech and Language Therapists
- Rehabilitation Assistants

The service offers an assessment, a discussion on current needs and treatment. Advice is also available on adaptations and equipment that is available to support individuals to remain in their own homes.

### Community Therapy Elderly Pathway

This service is for adults with a Bristol GP who are unable to leave their homes. This predominantly means older people who require assistance in managing the impact of their long term conditions.

This is a service which provides Occupational Therapy and Physiotherapy at a person's place of residence. This may be their home, a nursing home or other types of accommodation.

The service helps patients to rehabilitate and find self-management strategies in order to overcome the physical, psychological and social problems caused by ill health.

### Lymphoedema Service

North Somerset Community Partnership provides the Lymphoedema Service across Bristol, North Somerset and South Gloucestershire. They provide specialist care, treatment, support and advice to patients and their carers through a team of
expert nurses.