
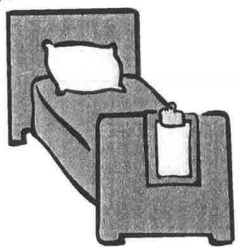
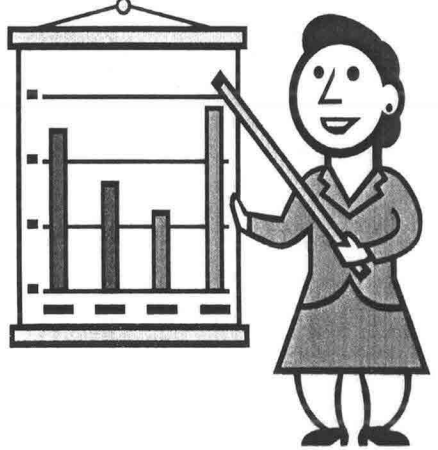





Delivering Excellent Care

Fluids and Nutrition

Do you know.....Why, When and How to record nutrition and fluid balance?

Why?	When?	How?
<p>Fluid and food vital to life</p>  <p>We therefore need to know how much fluid has been taken in and how much has been lost each day.</p> <p>We also need to ensure our Service Users receive adequate nourishment.</p>	<p>Charts should be completed when we have concerns about our Service Users.</p> <p>When used, record details: Each time fluid is taken in and lost per day.</p>  <p>Calculate totals at midnight every day and record in daily progress notes for fluid balance.</p> <p>Record food intake on every occasion.</p>	<p>Record accurately and calculate how much fluid has been taken in and how much has been lost in each 24 hour period.</p> 

What happens if charts are not completed correctly & how to do it

<p>Can't identify problems or initiate treatment</p> 	<p>Service Users may suffer from the adverse effects of dehydration or malnutrition.</p> 	<p>Increased risk of complications of poor hydration and malnutrition eg falls, confusion, urinary tract infection and impaired healing capabilities.</p> 
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